



SEPTEMBER
MENU
 PRE-K – 5/6TH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

LABOR DAY

3

Chicken Bacon Ranch Pasta,
 Garlic Toast, Fruit
 Or
 Turkey and Cheese on
 White, Chips, Fruit

4

Pancakes, Scrambled
 Eggs, Turkey sausage,
 Fruit
 Or
 Grilled Chicken
 Croissant, Chips and
 Fruit

5

Hamburger, French Fries,
 Orange Slices
 Or
 Chicken Salad on wheat,
 Pretzels, Fruit

6

Pepperoni Pizza, Waffle
 Fries, Chocolate Chip
 Cookie
 Or
 Tuna Salad on Greens,
 Cucumbers, Crackers
 and Cookie

9

Chicken Alfredo,
 Roasted Broccoli, Garlic
 Toast
 Or
 Ham and Cheese On
 Wheat, Chips, Fruit

10

Fried Chicken Sandwich,
 House chips, Strawberries
 and Bananas
 Or
 Turkey and Cheese on
 White, House Chips, Fruit

11

Sausage Biscuit, Scrambled
 Eggs, Fruit
 Or
 Hummus with Pretzels,
 Cheese Cubes, Fruit

12

Chicken Nuggets, Macaroni
 and Cheese, Black Eyed Peas
 Or
 Grilled Chicken Wrap, Pasta
 Salad, Fruit

13

Cheese Pizza, French Fries,
 Oreo Cookies
 Or
 Chicken Salad Scoop,
 Crackers and Cucumbers,
 Oreo Cookies

16

Cheeseburger, Baked Beans,
 ½ Banana
 Or
 Chef Salad with Ranch,
 crackers and ½ banana

17

Beef and Cheese Soft Taco,
 Spanish Rice, Black Beans
 Or
 Turkey Pinwheel, Pretzels,
 Fruit

18

Donut Ring, Scrambled Eggs,
 Sausage Patty, fruit
 Or
 Ham Slices, Cheese Cubes,
 Crackers, Fruit

19

Chicken Spaghetti, Mixed
 Vegetables, Yeast Roll
 Or
 CBR Wrap, Goldfish, Fruit

20

Sausage Pizza, Fresh Veggies
 with Ranch, Fruit
 Or
 Ham and Cheese On Wheat,
 Chips, Fruit

23

Spaghetti and Meatballs,
 Buttered Corn, Garlic Toast
 Or
 Cheese Sandwich on white,
 chips, fruit

24

Popcorn Chicken, Cheesy
 Mashed Potatoes, Green
 beans
 Or
 Hummus with baby carrots,
 cucumbers, cheese cubes,
 fruit

25

Sausage, egg and Cheese
 Breakfast burrito, tater tots,
 Fruit
 Or
 Ham and Cheese Bagel,
 Chips, Fruit

26

Hot ham and cheese hoagie,
 pasta salad, fresh
 watermelon
 Or
 Tuna salad on wheat, pasta
 salad, fresh watermelon

27

Cheese Pizza, House Chips,
 Sugar Cookie
 Or
 Roast Beef and Cheese
 Wrap, house Chips, Sugar
 Cookie

30

Hot Dog, French Fries,
 Vanilla Pudding
 Or
 Grilled Chicken Pita, Veggies
 with Ranch, Pudding Cup